

**FLORIDA
ASSOCIATION
OF FCCLA**

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The Rose Petal

VOLUME III, ISSUE I

SUMMER/FALL 2011

Nationals in Anaheim!

For the 2011 Council put on a great Family, Career and Community Leaders of America National Leadership Conference this Summer your State Officer team went to Anaheim, California, where we all participated in many workshops and events to learn more leadership skills, as well as network and meet new people. All the officers and members in attendance got to listen to wonderful guest speakers and watch the 2011 National Executive

Council put on a great show.

You can't have all work and no play, so the State officers went to Disney Land to experience the twilight tour. Here the officers got to hang out and get to know new members and catch up with old FCCLA friends.

I, as your State President, got to make a "come to Florida" speech to everyone in attendance at 2011 National Leadership Conference. As for the

State Officers we did more than learn, we got to know each other and become a closer family. We also got to meet new people! So get ready for next year because the 2012 National Leadership Conference is here in Orlando, Florida! So, start planning now.



FCCLA
Imagination
IN ACTION

CHAPTER ENERGIZER

Toilet Paper/M&Ms

Time Needed: 10-30 minutes

Materials Needed:

1 bag of M&M's OR

1 roll of toilet paper



Rules: Everyone takes as many M&M's or pieces of toilet paper as they want (do not tell them what it is for; make sure they do not eat the candy until you tell them to). They then must share one fact about themselves for every M&M or piece of toilet paper. **Note:** Not for large groups. You may want to limit M&M's/toilet paper. You can use other things.

Why you play: It's another great way for groups to get to know each other. Also, it's really funny to watch people have to come up with a lot of things about themselves.

-Keeley Smith, State Vice President of Recreation

All About Alumni

“What am I going to do without FCCLA after I graduate?”

As many of you approach your senior year you stop and think, “What am I going to do without FCCLA after I graduate?!” Well, you all should have no worries because we have the Alumni Association! Every year the Alumni help our state organization in many ways. From judging to mentoring, they do it all. It's easy for you to get involved also. All you have to do is go to the Florida FCCLA homepage and find the tab that says Alumni on the left side. Once you are there, scroll down to the bottom of the page and click

on the link for the registration form. Fill that out and you're done! Voila, you're on your way to being a part of the Alumni Association. Hopefully, as you start your new journey with the Alumni Association you will find that new opportunities will open for you and you will be able to accomplish many things. That being said, if you know anyone or would like to submit your own name for accomplishing anything with knowledge you obtained through being an Alumni of FHA, FHA/HERO, or FCCLA, let me know. I would like to get a

list of people that have accomplished great things through our organization!

Feel free to contact me with any questions you may have regarding Careers and Alumni by email at: abbyhugheswhhs@aol.com

-Abby Hughes,
State Vice President of Careers & Alumni



Destination FCCLA!

Destination FCCLA! **“The Passport to Your Leadership Future”**

Our 2011-2012 State theme focuses on going Global and Travel and Diversity

Fuel Up for Your Life’s Journey

Focusing on how to prepare for your future, and the steps you need to take to get there.

Stay on Track with Family Values

Focusing on family and what family really means. And how to become closer with your family and get through times of struggle.

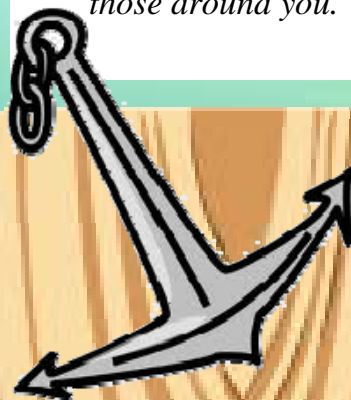
Be an Anchor in Your Community

Participating in Community Service and Making an impact in the community and people around you.



Navigate the World Around You

Being able to organize and plan everything you need to do for your short or long term future and goals, while also successfully impacting those around you.



Arrive At Your Leadership Destination

Knowing where you are going to end up (ex. College, career path, etc.) and what you need to do to move on to that stage of your life with the values and skills you’ve learned from your time in FCCLA.

Jessica Scanlon, Florida FCCLA State President

#1 on My Bucket List:

To backpack across Europe.

Hidden Talent:

Being a terrible singer.

Favorite Quote:

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

- John Quincy Adams

Favorite Song:

Heart of Life - John Mayer



MEMBERS IN ACTION

“Don’t forget to send in your local chapter’s achievements regarding our 2012 State Project, Builders of Homes.”

Hey you guys, I’m Emily Miller, your Vice President of Chapter Achievement! I want to know all of the wonderful activities, community service projects, or just fun things that you are doing within your chapter or district. I want to publicly recognize you for all the hard work you do throughout the year. So email me at the email address listed below, and tell all of Florida about the amazing things that you are working on, and don’t forget to include a

few pictures! Don’t forget to send in your local chapter’s achievements regarding our 2012 State Project, Builders of Homes, I hope to hear from all of you that are reading this and to see you all at the 2012 State Leadership Conference!

**-Emily Miller,
State Vice President of
Chapter Achievement**

**share
YOUR
fccla
STORY!**

DO YOU WANT YOUR CHAPTER FEATURED IN THE ROSE PETAL?

Email Me Your Chapter's Stories At: floridarosepetal@yahoo.com

Leaders At Work, Capitol Leadership!

When you are given the opportunity to make your voice heard, your ideas count, and your questions be answered, you take it. On October 9 five students from District X FCCLA took this opportunity and shaped it into a wonderful experience. From the minute they arrived at Washington D.C. these members were amazed by the Capital’s beauty. Then as the night came they were able to get to network and meet FCCLA members

from around the United States. The next day the leadership training team help students become more



informed about compromising, team work, and marketing. The next day they were prepared for their visit on Capitol Hill. They were taught a

little bit about government and what possible topics to discuss with their state politician. They were given possible situations on how their meeting could go, and were fueled up for the next day visit to Capitol Hill. The next day started early but it brought a lot of good results. After taking the pictures on Capitol Hill, We were able to talk to the legislative assistant for Bill Nelson, Marin Stein, the

(Continued on Page 11)

SPOTLIGHT ON NATIONAL PROGRAMS!

F.A.C.T.S. is a National Program, which urges students to work on saving lives and promoting traffic safety in their community. As young leaders we should focus on making wise decisions. We should wake up early in the morning so we have enough time to get to school, and not have to speed while driving. SPEEDING IS A RISKY DECISION NOT A



WISE ONE! While driving, an OMG or an LOL might just take less than a minute to text, but you don't need a minute to have regrets that you won't forget. F.A.C.T.S. is divided in five units- Think SMART, Buckle UP, Arrive Alive, Speak Up, and Bridge the Gap. There are five units that encourage safe driving habits, seat belt use, speaking out for community traffic safety, and teaching how to educate teen parents on the

topics of teen driving. This program gives you the tools to teach others about traffic safety, and to win up to \$1,000 dollars, and be nationally recognized at the 2012 National Leadership Conference. Get ACTIVE. Learn the F.A.C.T.S. Help everyone arrive safely to their leadership destination!

-Alexandra Lavado,
State Historian



S.T.O.P. the Violence is a National Program, which urges student to work towards preventing youth violence. Do you want someone you love to act in self-abuse? Do you want your best friend/parent to suffer through a physically and mentally abusive relationship? Decrease youth violence in your community by aiming one

of your service projects towards this national program.

Educate your peers on violence prevention and the warning signs of violence. Encourage students to report troubling behavior. Collaborate with your school and community resources to address youth violence. And develop and implement local action projects to reduce the potential for violence in the community.

Make sure to read about STOP the Violence Program units on the National Website, and learn how to win up to \$1000 dollars, and be nationally recognized at the 2012 National Leadership Conference. Take on prevention and S.T.O.P. the Violence in your community!

-Gavin Hall,
State Vice President of
Parliamentary Law

“Win up to \$1,000 dollars, and be nationally recognized at the 2012 National Leadership Conference.”



We are the Builders of Homes!

Learn the ABC's and Get Active in Your State Project!

ADVOCATE! Fight for affordable housing with Build Louder!

BUILD! Volunteer with a local Habitat affiliate!

And Participate in Act! Speak! Build! Week!

CREATE! Use your creativity to make a Habitat house a home!

READ THE 2012 STATE PROJECT MANUAL

Meet Your 2012 State Officers!

Gavin Hall, District 1



VP of Parliamentary Law

#1 on My Bucket List:

To go to Brazil and to live in Rio de Janeiro.

Hidden Talent:

I am an amazing dancer.

Favorite Quote:

One Love by Bob Marley

Emily Sewell, District 1



VP of Junior Relations

#1 on My Bucket List:

Go to Italy, and meet Jersey Shore Cast.

Hidden Talent:

I am a Varsity cheerleader.

Favorite Quote:

“Leadership is a combination of strategy and character. If you must be without one, be without the strategy.”

Keeley Smith, District 2



VP of Recreation

#1 on My Bucket List:

Tobogganing at the Great Wall of China.

Hidden Talent:

I can stick my whole fist in my mouth.

Favorite Quote:

“Step 1: Find something you love to do. Step 2: Find someone who will pay you to do it. Step 3: Never let them find out that you would have done it for free.”
–Donn Smith (my dad)

Emily Miller, District 3



VP of Chapter Achievement

#1 on My Bucket List:

Go free diving with sharks.

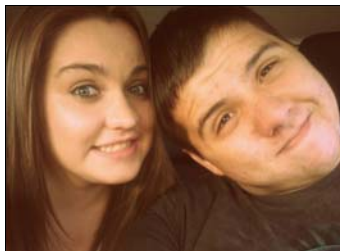
Hidden Talent:

I don't have any special talent. :(

Favorite Quote:

“Therefore do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own.” – Matthew 6:34

Gus Griffith, District 4



VP of Community Service

#1 on My Bucket List:

To compete on Cupcake Wars or Top Chef Just Desserts!

Hidden Talent:

I can play the oboe and steel drums.

Favorite Quote:

“You make a better you, than a second rate version of someone else.”

Abby Hughes, District 5



VP of Careers & Alumni

#1 on My Bucket List:

Travel to Europe.

Hidden Talent:

I can touch my nose with my tongue.

Favorite Quote:

“For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone.” ~Audrey Hepburn

Meet Your 2012 State Officers!

Monique Hercules, District 6



VP of Finance

#1 on My Bucket List:

Hidden Talent:

I love to sing.

Favorite Song:

On the Floor by Jennifer Lopez

Briana Nelson, District 7



State Secretary

#1 on My Bucket List:

To travel to India & Venice, Italy.

Hidden Talent:

I am a great poet.

Favorite Song:

Little Things by India Arie

Micaela Figueroa, District 7



President-Elect

#1 on My Bucket List:

I would love to travel the whole world.

Hidden Talent:

I can play the Violin and Bass Guitar.

Favorite Quote:

You'll never know what you can do until you try.

Lauren Beard, District 8



VP of Program of Work

#1 on My Bucket List:

Travel to Fiji.

Hidden Talent:

I do not have one.

Favorite Song:

*Stereo Hearts
by Gym Class Heroes*

Vince Truong, District 9

VP of Public Relations

#1 on My Bucket List:

Hidden Talent:

Favorite Song:

Alexandra Lavado, District 10



State Historian

#1 on My Bucket List:

Create a foundation for Sick and Abused Children: World of Hope Foundation

Hidden Talent:

I like to Dance - Merengue, Bachata, Salsa, Reggaeton, and Hip Hop.

Favorite Song:

Move Along by All American Rejects

HABITAT FOR HUMANITY

Learn the ABC's And Get Active in Our State Project!



Advocate for Habitat! Supporters of Habitat for Humanity can get involved in their Build LOUDER campaign! Build Louder is Habitat for Humanity's multi-year advocacy campaign focused on influencing U.S. policies in order to improve access to adequate and affordable housing around the world. More on advocacy can be found on the international Habitat website, www.habitat.org!

1. Tell Congress to support the SLUM Act.
2. Please join Habitat and stand up for veterans.
3. Tell President Obama to make slums and international housing issues a priority.
4. Tell Congress you stand with Habitat!
5. Tell state leaders you stand with Habitat.

ADVOCATE! Fight for affordable housing with Build Louder!



Build for Habitat! Get your hands dirty with Habitat! Contact your local Habitat Affiliate, and see how you can volunteer. See if your members meet the age requirement for volunteering at you local Habitat Affiliate and their on-site habitat projects. Local listings can be found on the state project website or by entering your school's zip code at www.habitat.org, or visiting our state project website for local listings.

Florida FCCLA will be participating in Act Speak Build Week this winter! Your chapter can arrange a fundraiser event, host a bake sale, start a supply collection, volunteer on-site at Habitat. Submit your week's achievements to your State VP of Community Service at gus.griffith@gmail.com to be recognized at our 2012 SLC!

BUILD! Volunteer with a local Habitat for Humanity affiliate!



Create & Collect for Habitat! This section is for our more creative and younger FCCLA members. Habitat needs help filling their Habitat houses. Contact a local Habitat affiliate and see how you can contribute to their cause. Fashion students can create bedding and curtains, child development students can donate childcare items, and culinary students can feed workers and donate equipment. You can also find a list of holiday Habitat-related activities for your chapter on the state project website.

You can even create Habitat t-shirts for sale or assist a Habitat Thrift or Re-Store. These local facilities may need volunteers, or any donations, consisting of used furnishings, clothing and other types of household supplies you can find all around the community. To find a local Habitat Thrift or Re-Store, visit www.habitat.org.

CREATE! Use your creativity to make a Habitat house a home!

-Gus Griffith, State Vice President of Community Service

FUNDRAISER IDEAS

Attending the Florida FCCLA State Leadership Conference and the National Leadership Conference is a big deal that every member dreams of. Yet sadly, attending all of these events can get real expensive. My tip is for members to save 5 dollars every week. By the time the money is due for states, you will have enough money to pay for registration, travel costs, housing,

and any souvenir or FCCLA item that may be available at the conference. If you're not a good saver, you may want to give the money to a very trustworthy family member before you go to the mall, movie theatre, or theme park and spend it all. That way when the time comes for the conferences, you will be good to go, and you won't have to worry about last minute bake sales, car washes, or sponsorship

trips. Take use of this fundraiser idea, and I may just see you at our 2012 State Leadership Conference this year!

**-Monique Hercules,
State Vice President
of Finance**



“Reach Florida FCCLA’s membership goal by recruiting at least 5 new members!”

FIVE Aboard The Leadership Voyage

Reach Florida FCCLA’s membership goal by recruiting at least 5 new members:

Recruiting members is as easy as 1, 2, 3! Be imaginative in your New Members meeting by generating a topic. For example: The Florida FCCLA theme “Destination FCCLA”. Show your members what FCCLA can do to help them become a leader in this incredible organization. Offer treats, display picture of past years and always help the

members feel Welcome!

Motivate your current members to spread the word about FCCLA! Use School Resources! Have chapter officers speak to FACS classes regarding FCCLA; tell them that this National CTSO Organization can help them become leaders in their homes, careers fields, and communities.

Have a calendar set at the beginning of the year stating all of the days and times your chapter will

meet throughout the year!

You can retain your members by keeping the members in the chapter active by getting them lively in the community and start them up with Competitive Events!

**-Micaela Figueroa,
State President-Elect**

Be part of it!

Dynamic Leadership, Summer Council!

“Hungry children cannot thrive. Yet millions of kids in

America are at risk of going hungry. Share Our Strength is changing that.”

The things people don't see, are the ones that matter the most. Over the summer, the newly elected state officers met for the first time to discuss the upcoming year for Florida FCCLA. During the time that was spent amongst the officers, everyone got a chance to “meet and greet” the District Advisers from district one all the way down south to district ten. District VI

announced their new



District Adviser Mrs. Lima. Everyone, be prepared to see many “leaders at work” at the 2012 State Leadership Conference in Orlando, FL. Come forward to

compete for the top title in order to attend the 2012 National Leadership Conference in our home state of Florida; and do not forget, the great entertainment that will be among us. We hope to see all our “Dynamic Leaders” at work this upcoming school year.

**-Briana Nelson-Canty,
State Secretary**

National Outreach Project

“HUNGRY CHILDREN CANNOT THRIVE. YET MILLIONS OF KIDS IN AMERICA ARE AT RISK OF GOING HUNGRY. SHARE OUR STRENGTH IS CHANGING THAT.”

“Share Our Strength’s No Kid Hungry® strategy provides that access to families all across the nation, so that every child, regardless of circumstances, can get the healthy food they need to thrive.”

Get involved in the community, while ending childhood hunger, by supporting our National Outreach Project, Share Our

Strength!

Listed below are two ways to start your chapter’s involvement in our National Outreach Project.

Share Our Strength’s Great American Bake Sale®, is a national effort that encourages Americans to host bake sales in their communities to help end childhood hunger by 2015.

Share Our Strength’s Cooking Matters™ empowers families at risk of hunger with the skills, knowledge and confidence to make healthy and affordable meals. With the help of volunteer culinary and nutrition experts, course

participants learn how to select nutritious and low-cost ingredients and prepare them in ways that provide the best nourishment possible to their families.

Be on the look out for your state and national outreach project manual this fall.

**-Gus Griffith,
State Vice President of
Community Service**



2011 Summer/Fall Program of Work

September 11, 2011

Grandparents Day and Patriot Day

Visit the ones you love, and never forget the 2,997 people killed in the September 11, 2001 attacks on the World Trade Center.

September 18-24, 2011

SOS's Dine Out for No Kid Hungry!

Support our National Project, Share our Strength and help end childhood hunger by just dining out at participating restaurants. Visit www.strength.org for more information!

September 23-25, 2011

Fall Leadership Training Workshops

Come and learn more about the Florida State Officers, attend exciting workshops, listen to guest speakers, and network with other members from all around Florida.

October 3-7, 2011

World Habitat Week

Initiate your activities in support of our 2012 State Project, Habitat for Humanity. For more event information, visit the National Habitat for Humanity website, www.habitat.org.

October 9-12, 2011

Capitol Leadership in D.C!

Join youth leaders from across the country at the nation's capitol to develop your leadership skills, learn about government relations, and meet with elected officials.

November 18-20, 2011

National Cluster @ Atlanta, Georgia!

Chapter members can explore opportunities for personal development, gain ideas for shaping future careers, and discover great ways to use FCCLA national programs in their own chapters. Workshops may include topics such as Family and Consumer Sciences careers, nutrition and healthy lifestyles, global perspectives, and much more.

November 24, 2011

Thanksgiving Day

Give thanks to God, friends, and family by gathering around the family table.

-Lauren Beard,

State Vice President of Program of Work

“Overall this trip to the nation’s capital proved to be fruitful and fun.”

Capitol Leadership (Continued from Page 4)

legislative assistant for Marco Rubio, J.R. Sanchez and Republican Marco Rubio. Topics discussed in these meetings were support for the Perkins Act, immigration, and education. They explained to them the importance of the Perkins Act and that the problem with it is that it is running low on funding but it benefits students because it supports secondary and post-secondary programs. They were also asked what they think about teachers being paid by merit,

and whether they prefer charter school or Public School. The students were fast, to the point, and transmitted their message while putting a word out of how FCCLA helps high school students. After the meetings they did some sightseeing around Washington D.C and were able to see the monuments at National Park. Overall this trip to the nation’s capital proved to be fruitful and fun; Capitol leadership

Conference demonstrates again why FCCLA is the ultimate leadership experience.

**-Alexandra Lavado,
State Historian**



DESTINATION FCCLA



Florida Association of FCCLA

Florida FCCLA

P.O. Box 1806

Phone: (352)-793-8234

Email: flfccla@yahoo.com

THE
ULTIMATE LEADERSHIP
EXPERIENCE

Hey FLORIDA FCCLA! I hope you enjoyed the 2011 Summer/Fall Edition of *The Rose Petal*! Make sure to Fuel Up for Your Life's Journey by utilizing the skills from your Family and Consumer Sciences courses and what you have learned on the Local, District, State, and National FCCLA level! Arrive At Your Leadership Destination by the 2012 State Leadership Conference by staying active in your family, career, and community through Florida FCCLA's newsletter. After all, the *Rose Petal* is a student-run publication; YOUR PUBLICATION!

If you have any ideas, requests, concerns, questions, or anything for that matter that you want to share or tell us about for the Winter Issue of *The Rose Petal*, please email us at: floridarosepetal@yahoo.com, and make sure to include your name/chapter, and clarify your request. On behalf of Florida FCCLA, I wish you a Happy Fall!

-Vince Truong,

State Vice President of Public Relations



The 2011 Florida FCCLA story has been written, but there's a great journey ahead on our way to Destination FCCLA 2012!